

E.C.H.O. Syllabus

Section Titles Only

Preview of course (before and after results) to show what is possible at all ages and what you will be taught to do in the mentorship

- 1.** How Does OrthO2Health™ Compare To Traditional Orthodontics?
- 2.** Importance Of Airway
- 3.** Why People Have Reduced Airways
- 4.** Orthodontic Knee Jerk Reaction (lateral expansion) To Address Airway... *"You Can't Expand Your Way Out Of An Anteroposterior Problem"*
- 5.** Applying Mew's "Tropic Premise" To My Experience (35 year followup)
- 6.** Harvold's Monkey Study, Proffit's Research, Mechanism Of Face Height Change (Research Which Supports Mew's Tropic Premise)
- 7.** Classic Signs of Poor Rest Oral Posture
- 8.** Cephalometric Diagnosis vs. Soft Tissue Diagnostic Parameters
- 9.** Comparing The Cosmetic Line vs. Bolton Norm... Accuracy In Facial Balance, Normal Development
- 10.** Our Faces, Hollywood Faces, And OrthO2Health Soft Tissue Diagnostic Criteria

- 11.** Facial Growth Guidance Introduction, General Concepts
- 12.** Gingival Recession vs. Advancing Teeth Orthodontically
- 13.** Unique Benefits Of Facial Growth Guidance, Appearance, Airway
- 14.** Two Types of Facial Growth Guidance Cases, Type 1 (Long Face, DE Extraction), Reducing LFH
- 15.** Two Types of Facial Growth Guidance Cases, Type 2, Shorter Face, Deep Bite, No DE extraction, Documented Airway Improvement
- 16.** “Perfect” First Facial Growth Guidance Cases, Multiple Examples
- 17.** Treating Class III Patients With Facial Growth Guidance
- 18.** Face Mask...Successful To Unsuccessful...And Why
- 19.** Is Treatment In the Primary Dentition New? Is the Knowledge of Health Implications of Mouth Breathing New?
- 20.** The Case That Made Me Treat In The Primary Dentition
- 21.** The First Facial Growth Guidance Case I Treated in the Primary Dentition
- 22.** Case Selection For Facial Growth Guidance In The Primary Dentition
- 23.** Facial Growth Guidance Specifically For OSA In The Primary Dentition
- 24.** Is Dentistry/Orthodontics Supported By Evidence Based Research?
- 25.** 1980’s “Functional Appliance War, AAO Position On Airway, Marco Island Meeting, Articles on Airway and Retractive Orthodontics
- 26.** Standard Of Care For Class II And Effects Of That Care
- 27.** Effect of Retraction on Facial Growth In A Missing Lateral Incisor Case (From the Refereed Literature)... And How That Might Affect Airway
- 28.** Real Action Of “Functional Appliances”

- 29.** Pre-Formed Appliances, Other Appliances To “Grow The Face”
- 30.** Ankyloglossia...What You Probably Know...And What More You Need To Know!
- 31.** Breastfeeding, Eating Right... Patients Still Can Have Problems
- 32.** Effects of Thumb Sucking Not Always What You Think!
- 33.** Can Facial Growth Guidance Shrink Adenoids?
- 34.** Sleep Bruxism, OSA, UARS
- 35.** Buteyko Breathing For Everything, Including Exercise
- 36.** Effect Of Premature Birth On Breathing /Sleep/Facial Development
- 37.** Arch Development Cases Short Term, Long Term
- 38.** Ankylosis, Lower Expansion, Facial Growth Guidance
- 39.** Arch Development Turns Into Facial Growth Guidance...Excellent Test Of Patient Before Commitment To Treat
- 40.** Initial Examination
- 41.** Diagnostic Records Evaluation
- 42.** Arch Development, Stepwise
- 43.** Initial Appointments in Facial Growth Guidance
- 44.** Stepwise Facial Growth Guidance Treatment Of DE Extraction Case
- 45.** Stepwise Treatment Of A Non-DE Extraction Facial Growth Guidance Case (Deep Bite Or Average Overbite)
- 46.** Alternatives To Upper First Bicuspid Extraction, Consequences Of Upper First Bicuspid Extraction
- 47.** Tourette’s, Myofunctional Therapy, Facial Growth Guidance Collaborative Treatment

48. Facial Growth Guidance For Two Sisters... Different Outcomes Due To Rest Oral Posture

49. Gummy Smiles, Eliminating With Facial Growth Guidance

50. Will Humans Have To Look Like Gorillas If We Are To Survive As a Species?...Facial Growth Guidance On Steroids

51. Treating Non-Extraction, Patient Ignores Poor Rest Oral Posture...Long Term Follow-Up

52. Facial Growth Guidance For Crouzon's Syndrome...Comparison Of Two Cases

53. Not Choosing Facial Growth Guidance And Voting With Feet...Consequences

54. Severe Facial Changes From Long Term Poor Rest Oral Posture

55. Do All Open-Bite Thumbsuckers Need DE Extraction Facial Growth Guidance Myofunctional Therapy Succeeds!

56. Anterior Open-Bite And Tongue Thrust...Debunking A Near Universal Misconception!

57. Facial Growth Guidance Spacing Goes Away With Patience...What If It Doesn't?

58. Facial Growth Guidance Cooperation Yields Buccal Crossbite...How To Correct!

59. Asian And African-American Profiles And Impact On Airway

60. Sagittal Appliances For Various Purposes

61. Cuspid Impaction Prevention And Monitoring Dental Development

62. TMJ And Occlusion...Is There A Connection?

63. What Is Mandibular Entrapment?

64. Current Orthodontic "State Of The Art" vs. What It Might Become In An Ideal World Of Health Care

65. Retraction (Mother) vs. Facial Growth Guidance (Son)...Long Term Follow-Up

66. Re-Opening Extraction Spaces And Orthognathic Surgery As Necessary Tools To Help Those Who Suffer

67. Too Late For Facial Growth Guidance...What To Do

68. Correcting Disastrous Treatments Done By Well Meaning Doctors Taking Courses Which Don't Provide Guidance And Mentoring

69. 6 Keys To Optimum Orthodontic Outcomes And 10 OrthO2Health Commandments

70. What Do You Want For Your Family?...Consequences

71. My Background, Evolution Of Ideas, Acknowledging Mentors, Paying It Forward And Assuring You That...YOU CAN DO THIS!